MIXED-METHODS EVALUATION OF TEEN PARENTS’ SERVICE NAVIGATION

THE SUPPORT. EMPOWER. LEARN. PARENTING HEALTH INITIATIVE (SELPHI) HELPS PREGNANT/PARENTING TEENS AGES 16-24 AND THEIR FAMILIES NAVIGATE SOCIAL AND HEALTH SERVICES IN PHILADELPHIA.

Program evaluators use a variety of tools to track and analyze program data on SELPHI’s many elements. SELPHI staff built a network of programs through its Community Advisory Group, established an Expectant and Parenting Advisory Group, completed a survey about their training needs, and regularly document client data in an active database.

86% OF CLIENTS ARE BLACK OR AFRICAN AMERICAN
7% multi-racial
7% an ‘other’ race
PoC: Asian, Native American, Latinx, Middle Eastern

90% OF CLIENTS ARE WOMEN

43% OF CLIENTS ARE ENROLLED IN SCHOOL
55% Not in School

83% OF CLIENTS ARE PARENTING

6 multi-racial
7% an ‘other’ race
PoC: Asian, Native American, Latinx, Middle Eastern

53% OF CLIENTS REPORT VERY GOOD OR EXCELLENT HEALTH WHILE 29% REPORT GOOD HEALTH, AND 19% REPORT FAIR OR POOR HEALTH

HEALTH
At intake, Navigators collect data about clients’ mental and physical health in the SELPHI database.

FOR MANY CLIENTS, PHYSICAL HEALTH AND EMOTIONAL PROBLEMS INTERFERED WITH THEIR NORMAL SOCIAL ACTIVITIES WITH FAMILY AND FRIENDS.

82% agree they have a special person who is a real source of comfort to them.

84% agree that being a good parent is a reward in itself.

82% reported feeling nervous or stressed in the last month, 50% of whom were nervous/stressed ‘fairly often’ or ‘very often.’

123 goals have been set by SELPHI clients.

14 goals have already been completed.

COMMUNITY ADVISORY GROUP
SELPHI staff launched a Community Advisory Group, convening social service stakeholders, with the aim of developing a meaningful and collaborative referral network.

Approximately 15 ORGANIZATIONS attend Group meetings, with a range of focus areas, including...

EMPLOYMENT PREP
FOSTER YOUTH
MATERNITY
SEXUAL HEALTH
HOUSING
INSURANCE BENEFITS

NAVIGATOR NEEDS
A Navigators Needs Survey was conducted with Navigators to determine how to best build staff capacity.

Most freq. Navigators want to develop:

• Adult concrete supports (e.g., transportation)
• Education
• Job readiness

Most freq. Areas Navigators would not be prepared for:

• Immigrant families
• Adult mental health services

Most freq. Populations Navigators would like training with:

• Incarcerated parents returning home
• Parents of children with disabilities

CONCLUSIONS
Collaboration of diverse partners can enhance the impact of all organizations involved. Philadelphia is rich in services and organizations ready for collective work, yet many aren’t accessed by vulnerable populations. While many demonstrate high levels of resilience, youth face systems – education, work, yet many aren’t accessed by vulnerable populations. While many

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# OF CLIENT CHILDREN: 50

REFERRALS
Referrals to other resources initiated by Navigators: 112

TECHNOLOGY
Navigators use phone calls, texts, social media, and video calls to engage young people.

QUESTIONS?
Contact NICHOLE KANG about the program • nkang@phmc.org
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